

Seniors Only!

2011

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This Seniors Only Page
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WASHINGTON COUNTY SENIOR DINING MENU

CALL 335-4497 or 1-877-306-3030

FOR RESERVATIONS 1 DAY IN ADVANCE BY 12:00PM

ALT = NO CONCENTRATED SWEETS DESSERT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3-21-11	3-22-11	3-23-11	3-24-11	3-25-11
SALISBURY STEAK MASHED POTATOES WITH GRAVY THREE BEAN SALAD WHOLE WHEAT BREAD CHOCOLATE CHIP COOKIE ALT: DIET COOKIE	CHICKEN CHOW MEIN OVER BROWN RICE ORIENTAL BLEND VEGETABLES CHILLED PINEAPPLE MULTIGRAIN BREAD RASPBERRY SHERBET ALT: DIET FRUITED JELLO	STUFFED GREEN PEPPER PARSLIED POTATOES CREAMED CORN WHOLE WHEAT BREAD CHERRY PIE ALT: DIET PIE	ROAST TURKEY SWEET POTATOES WINTER BLEND VEGETABLES MULTIGRAIN BREAD GERMAN CHOCOLATE CAKE ALT: CHILLED PEARS	TUNA NOODLE CASSEROLE CARROT COINS SEASONAL FRESH FRUIT DINNER ROLL DANISH ALT: LORNA DOONES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3-28-11	3-29-11	3-30-11	3-31-11	4-1-11
SOUTHWEST SLOPPY JOE CASSEROLE BROCCOLI FLOWERETS CHILLED PEACHES WHOLE WHEAT BREAD BLUEBERRY YOGURT	BBQ SHREDDED BEEF ON A WHOLE WHEAT BUN DILLED POTATO SALAD SICILIAN GRANDE VEGETABLES OATMEAL RAISIN COOKIE CHOCOLATE MILK ALT: DIET COOKIE	BREADED PORK CUTLET MASHED POTATOES WITH GRAVY RED CABBAGE MARBLE RYE BREAD CARROT CAKE ALT: FRUIT COCKTAIL	ESCALOPED CHICKEN & NOODLES PEAS AND CARROTS FRESH FRUIT CUP MULTIGRAIN BREAD BROWNIE ALT: DIET CHOCOLATE PUDDING	CHEESE MANICOTTI GREEN BEANS LETTUCE SALAD WITH ITALIAN DRESSING WHOLE WHEAT BREAD CHOCOLATE CHIP MUFFIN

WAUKESHA COUNTY SENIOR DINING MENU

CALL THE AGING & DISABILITY RESOURCE CENTER

AT 262-548-7826

FOR RESERVATIONS 1 DAY IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3-21-11	3-22-11	3-23-11	3-24-11	3-25-11
SPRING IS HERE!! CHEESEBURGER ON BUN KETCHUP/MUSTARD POTATO SALAD BAKED BEANS ICE CREAM ALT: DIET PUDDING	ITALIAN MEATSAUCE OVER WHOLE WHEAT PENNE PASTA TOSSED SALAD RANCH DRESSING WARM BREADSTICK BUTTER, SEASONAL FRESH FRUIT COOKIE	GLAZED HAM SWEET POTATOES GREEN PEAS CORNBREAD/BUTTER TAPIOCA PUDDING ALT: DIET PUDDING	ROAST CHICKEN MASHED POTATOES GRAVY TWO TONE BEANS BREAD/BUTTER FRESH FRUIT	HEALTHY BAKE FISH TARTAR SAUCE SCALLOPED POTATOES CALIFORNIA BLEND VEGETABLES RYE BREAD/BUTTER APPLE PIE ALT: APPLESAUCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3-28-11	3-29-11	3-30-11	3-31-11	4-1-11
ITALIAN MEATLOAF PARSLEY BOILED POTATOES/BUTTER PEAS AND CARROTS BREAD/BUTTER FRUIT MIX	CHILI WITH GRATED CHEESE CREAMY COLESLAW BAKING POWDER BISCUIT/BUTTER/ HONEY PEARS CHOCOLATE PUDDING ALT: DIET PUDDING	CHICKEN BROCCOLI CASSEROLE WITH RICE, CRANBERRY JUICE, WHOLE WHEAT BREAD BUTTER MANDARIN ORANGES FROSTED YELLOW CAKE ALT: PLAIN CAKE	ROAST BEEF MASHED POTATOES GRAVY, ROMAINE TOSSED SALAD FRENCH DRESSING DINNER ROLL/BUTTER SEASONAL FRESH FRUIT	VEGETABLE SOUP CRACKERS HDM: CREAM STYLE CORN, FISH PATTY ON BUN, TARTAR SAUCE HASHBROWN CASSEROLE TOMATO SLICE/ LETTUCE LEAF, BROWNIE ALT: VANILLA WAFERS

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- Aging and the elderly over 60
- Adults 18-59 with physical or developmental disabilities
- Young adults with disabilities transitioning into the adult services system
- Mental health concerns related to the elderly & disabilities
- Caregiver support
- Referrals to publicly funded benefits



**AGING & DISABILITY
RESOURCE CENTER
of Washington County**

mon 8 -7, tue-fri 8-4:30 **262.335.4497**
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for lunch and a presentation on the options available
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