

Seniors Only!

WASHINGTON COUNTY SENIOR DINING MENU

2011

CALL 335-4497 or 1-877-306-3030

FOR RESERVATIONS 1 DAY IN ADVANCE BY 12:00PM *ALT = NO CONCENTRATED SWEETS DESSERT*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10-17-11	10-18-11	10-19-11	10-20-11	10-21-11
CABBAGE ROLL* PARSLIED POTATOES CARROT COINS WHOLE WHEAT BREAD STRAWBERRY ICE CREAM CUP	ROAST TURKEY MASHED POTATOES WITH GRAVY BROCCOLI FLORETS MULTIGRAIN BREAD PUMPKIN PIE ALT: DIET PIE	ITALIAN CASSEROLE* SICILIAN GRANDE VEGETABLES LETTUCE SALAD WITH FRENCH DRESSING DINNER ROLL CHOCOLATE CHIP COOKIE ALT: DIET COOKIE	PORK CHOP SUEY* OVER BROWN RICE SUGAR SNAP PEAS TROPICAL FRUIT CUP WHOLE WHEAT BREAD DANISH ALT: DIET JELLO	SALISBURY STEAK GARLIC MASHED POTATOES WITH GRAVY CREAMED CORN MULTIGRAIN BREAD FROSTED ORANGE CAKE ALT: MANDARIN ORANGES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10-24-11	10-25-11	10-26-11	10-27-11	10-28-11
BBQ CHICKEN QUARTERS* SWEET POTATOES GREEN BEANS MULTIGRAIN BREAD BLUEBERRY MUFFIN	SWEDISH MEATBALLS OVER ROTINI NOODLES PEAS & PEARL ONIONS CITRUS FRUIT SALAD SEVEN GRAIN BREAD VANILLA PUDDING ALT: DIET VANILLA PUDDING	SEASONED PORK TENDERLOIN MASHED POTATOES WITH GRAVY RED CABBAGE WHOLE WHEAT BREAD APPLE RASPBERRY PIE ALT: DIET PIE	BAKED SALMON WILD RICE BLEND CARROT COINS FRUIT COCKTAIL MARBLE RYE BREAD OATMEAL RAISIN COOKIE ALT: DIET COOKIE	SEASONED TURKEY MEATLOAF SLICED RED POTATOES BROCCOLI FLORETS MULTIGRAIN BREAD BANANA CAKE ALT: LORNA DOONES



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