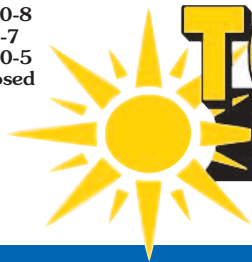


1990-2010 ~ 20th Anniversary

Now more than any time in history is the time to be thinking of detoxifying the body. Our society is dumping huge amounts of toxins into the environment and in our food supply. These toxins can bog down cell function, interfering with metabolic function, slowing down the way you burn fat as calories. Doing routine internal cleanses such as the Whole Body Cleanse from Enzymatic Therapy, along with an eating program consisting of mostly protein and vegetables can help unclog the organs and cells so the body can operate like it was designed to. Breaking

down foods properly is critical for proper healing and metabolic function. Taking enzymes, such as those in Mega-Zyme from Enzymatic Therapy can greatly help enhance a detox program and often improve symptoms such as bloating, gas indigestion, heartburn and constipation. At Total Health we cater to many levels of consumer needs. Whether you're seeking personalized detox programs tailored to specific individual needs or just want to try a quality product off the shelf, our natural health clinic and retail store has you covered.

M-Th 10-8
Fri 10-7
Sat 9:30-5
Sun Closed



TOTAL HEALTH

NUTRITION CENTER

Your Nutrition Specialist

FREE SEMINAR: DETOXIFICATION AND WEIGHT LOSS

Could toxins built up in your body be making it difficult to lose weight and be contributing to other health concerns?

This is a popular seminar & space is limited so please register online or by Phone today

**2 dates available:
Thursday Jan 21
and Jan 28
6:30-7:30PM**



Martin Johnson, DHM

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Menomonee Falls
262-251-8543**

www.totalhealthinc.com