

1990-2010  
20 YEAR  
ANNIVERSARY

# ONE DAY ONLY

# 25% OFF

## ANY ONE ITEM OF YOUR CHOICE

Excludes Nontaxable items, NES infoceuticals, Personal Care, and sale items. Cannot be combined with any other offers. 25% off one item is limited to 1 item per household during the TNT sale day. Offer only good on **Thursday, July 8th 2010**



Martin Johnson,  
Owner of Total Health

## FREE SEMINARS: 6:30-7:30PM AT TOTAL HEALTH

July 13th: **STAYING HEALTHY WITH WHOLE FOODS**

Presented by Kristine Stein • Learn the basics of eating properly with whole foods.

July 14th: **ARE YOU TIRED OF BEING TIRED? ENERGY FOR YOUR DAILY LIFE**

This free seminar is brought to you by Martin Johnson who will discuss the natural approaches Total Health takes in dealing with this difficult health topic.

July 22nd: **GLUTEN FREE DIET MADE EASIER**

Relax! Total Health is helping to take some of the stress out of your Gluten-free lifestyle.

Hear respected food buyer, Christian Olson, speak about exciting gluten-free options available locally.

Space is limited so please call 262-251-2929 or visit [www.totalhealthinc.com](http://www.totalhealthinc.com) to register

### 30% OFF

**AM/PM Menopause Formula**  
From Enzymatic Therapy

Reg. price 22.99 Now 16.09

Hormone Free 24-hour Relief for Menopausal Symptoms.

AM - Lack of Energy, Irritability, mood swings.

PM - Occasional Sleeplessness,

Hot Flashes, Night Sweats\*

30 AM. Tbs and 30 PM. Tbs



### 30% OFF

**Complete Body Cleanse Kit**  
From Life Flo

Reg price 34.99 NOW 24.49

Triple Action Cleansing System

Simple 2 Week Program, includes

program guide Colon Cleanse, Liver

Cleanse and metal Cleanse

100% Vegetarian.\*



### BUY ONE AT REG PRICE GET ONE FREE

**Cortiblock Plus With Hoodia Gordonii**

60Tb BOGO Reg price = 35.99

Buy 1 at reg. price get 1 free

Target stress and appetite with this great combination product. Cortisol is

the stress hormone often responsible

for that unwanted weight gain around

the mid-section.\*

### BUY ONE AT REG PRICE GET ONE FREE

**Vit D-3 From Source Naturals**

2000IU 100SG Reg price = 7.59

Buy 1 at reg. price get 1 free

Sunlight is the best source of life on earth, but we may

not be aware of all the ways it benefits us. Our bodies

manufacture vitamin D-3 when the skin is exposed to UV

radiation from sunlight, but the ability to do so decreases

as we age. Vitamin D-3 maintains healthy calcium and

phosphorus levels in the body for strong bones\*



### 30% OFF

**Synergistic Glucosamine MSM formula**

180cp From Dr's Best

Was 24.99 Now 17.49

Glucosamine sulfate supports healthy joint function and helps maintain healthy cartilage in joints.

MSM supports organ and joint

function for maintenance of healthy

connective tissue.\*



### 30% OFF

**OsteoPrime Plus Bone Health**

120 Capsules

From Enzymatic Therapy

Was 27.99 Now 19.59

Exclusive ingredients clinically proven to

help reduce bone loss and increase

bone density\*



# TOTAL HEALTH NUTRITION CENTER

Your Nutrition Specialist

M-Th 10-8  
Fri 10-7  
Sat 9:30-5  
Sun Closed



\* Statement has not been evaluated by the food and drug administration. This product is not intended to diagnose, treat, or prevent any disease. All offers valid Thursday July 8th only. Cannot be combined with any other offer.

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[www.totalhealthinc.com](http://www.totalhealthinc.com) 262-251-8543